Fine Art Aran
Seed Stitch
Swatch Cowl
Designed & Written
by Anne Featonby
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Shade: Conga 545 x 1 hank

Seamed version:
Using 4.5mm (UK 7 US 7) needles, cast on 102 stitches

Row 1: K1 (K1, P1) to the last stitch K1
Row 2: P1 (K1, P1) to the last stitch P1

Repeat these two rounds until you only have enough yarn to cast off....cast off loosely!
Seam into a cowl shape using the outside stitch on either edge.

Knit in the round version:
Using a 4.5mm (UK 7 US 7) 50cm circular needle, cast on 101 stitches, join to knit in the round (making sure the stitches aren't twisted).

K1, P1 Seed Stitch round and round until you only have enough yarn to cast off....cast off loosely!